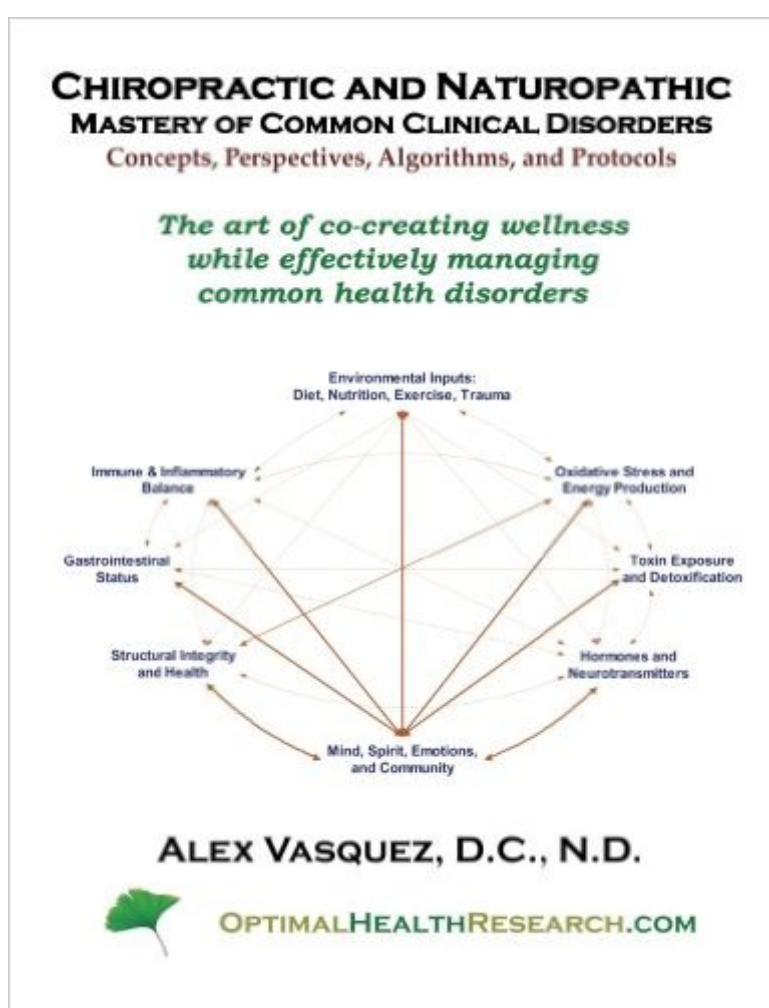


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# Chiropractic And Naturopathic Mastery Of Common Clinical Disorders: The Art Of Co-creating Wellness While Effectively Managing Acute And Chronic Health Disorders



## Synopsis

This book has been replaced in 2016 by the new edition: *Inflammation Mastery, 4th Edition* ISBN: 0990620484; 978-0990620488 (1,180 pages in color, providing more than 20 hours of video access). *Chiropractic and Naturopathic Mastery of Common Clinical Disorders* is a clinically-oriented textbook that introduces and reviews concepts in the assessment and management of the acute and chronic disorders most common in clinical practice: hypertension, diabetes mellitus type-2, immunonutrition, immunorestitution, viral infections, dyslipidemia, musculoskeletal pain, mood disorders (especially depression and anxiety), and allergy and asthma. Patients are increasingly looking for nondrug and nonsurgical methods for the alleviation of disease and the promotion of optimal health; *Chiropractic and Naturopathic Mastery of Common Clinical Disorders* provides you with the fundamental information needed for the successful integrative management of the most common conditions seen in the holistic practice of integrative medicine. With several thousand citations to the biomedical literature and about 600 pages of clinically-oriented protocols, this book provides enough information to manage a wide range of conditions successfully with evidence-based protocols. Students at chiropractic/naturopathic/osteopathic/allopathic medical colleges will find *Chiropractic and Naturopathic Mastery of Common Clinical Disorders* to provide a needed blend of concepts as well as the practical how to information on patient management that is often neglected in other textbooks or which can only be obtained after years of clinical experience. This book will help you synthesize your courses in physical examination, manipulation, physiotherapy, nutrition, botanical medicine, neurology and therapeutic exercise into a cohesive set of skills that enables you to effectively help your patients overcome their acute/chronic health problems while you simultaneously promote optimal health--wellness--by looking at the bigger picture of their overall health rather than simply focusing on the problem. *Chiropractic and Naturopathic Mastery of Common Clinical Disorders* is a compilation of the most popular chapters from Dr Vasquez's previous editions of *Integrative Orthopedics* and *Integrative Rheumatology* with brand-new chapters on Asthma, Diabetes Mellitus Type-2 and Metabolic Syndrome, Hypertension, Disorders of Mood and Behavior, and Acute/Chronic Viral Infections. These new chapters help doctors extend their mastery beyond the musculoskeletal specialization detailed in Dr Vasquez's first three textbooks (*Integrative Orthopedics*, *Integrative Rheumatology*, and *Musculoskeletal Pain: Expanded Clinical Strategies*) to treat a much broader range of clinical problems and thus to achieve higher levels of clinical success. With these new chapters in addition to the time-tested chapters from his previous books, Dr Vasquez offers students and clinicians access to evidence-based protocols written specifically

written for the successful private practice of chiropractic and/or naturopathic medicine.

## Book Information

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## Customer Reviews

The book "Chiropractic and Naturopathic Mastery of Common Clinical Disorders - Concepts, Perspectives, Algorithms and Protocols" by Dr. Alex Vasquez is the most comprehensive single resource on integrated solutions for common health problems I've ever come across. With regard to content, this book is a monster. It's 622 pages long and is jam packed with ideas which cover lifestyle modification, botanical / nutritional / supplementation solutions and physical medicine (chiropractic & rehab) solutions for a variety of problems. The book covers orthopedic/rheumatological problems as well as type-O "organic" diseases (including hypertension, diabetes, immunology, allergy, asthma, autoimmune disease, and much more). The content is highly evidence based and each section includes a LOT of reference citations (most of which come from peer reviewed index medicus journals). I totally disagree with the previous review regarding the book's organization. I believe it is extremely well organized. It's very easy to look up any topic and quickly find answers to your questions. At the front of the book is a table of contents and there is a comprehensive index at the back. So I have no idea why the other reviewer had such an issue with the organization. This book exceeded my expectations with regards to the quantity, quality and organization of it's content. It deserves to be in the library of every clinician who practices functional medicine, chiropractic and naturopathy. I would give it six stars if that were possible.

Congratulations to Dr. Vasquez for writing such a magnificent book. I believe it is destined to become a classic. Dr. Kevin M. Smith Bethel Park, Pennsylvania  
Author: "Modern Chiropractic - The

## Way To A Pain-Free Lifestyle"

I agree 100% with Dr. Smith's review of this text. It is a must read for all chiropractors, newbies and veterans alike. Previous texts by Dr. Vasquez is the very reason I decided to focus more on functional medicine in my practice. Following the concepts in his book, you can help people completely change their lives. People get it too. They realize that medicine is not the solution to their issues, but diet, exercise, and ensuring optimal nutrition is the key to good health. Whatever the current cost of this book is, it is worth it.

What a great resource for the practitioner that is searching for the truth. I use this book in my practice every day.

Excellent material, but it is very poorly organized! I would rate it a 5 based on the material, but the organization is that bad.

Dr Alex is extremely knowledgeable, incorporation of three or four degrees in medicine he holds all in one book. It is the future of medicine

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